

NATIONAL WATER WEEK



Theme: Water Heroes: Save Every Drop

Target Group: Preschool (ages 4-5)

Learning Objectives

- Understand the importance of water and its essential role in our daily lives.
- Explore what it means to be a 'Water Hero' and how each of us can contribute to water conservation.
- Identify simple actions that can help reduce water usage both at home and in the community.

Discussion Prompts

Use these questions to spark thoughtful conversation.

- What are some everyday activities that use water? Can you think of more?
- What would happen if we ran out of water? How would that change our lives?
- What are some ways we can save water at home and in our classroom?
- What does the word 'Hero' mean? What might it mean to be a 'Water Hero'?

Activity 1: Water In Our Day

Through discussion, support children to share how water is used in their day.

Using A3 paper, children work in small groups with educators to draw how they use water. Educators can scribe sentences or words around the children's pictures.

- Water use at home (e.g. brushing teeth, cooking)
- Water use at school (e.g. drinking, washing hands)
- Water use at play (e.g. water play, sports)

As a whole class, share the drawings, words and sentences. Encourage the children to identify some ways they can save water at home, at school or at play.

Activity 2: National Water Week Water Hero Mascot

Introduce the National Water Week mascot to the children (see page 3 of this resource). Explain that the mascot represents the idea of a **Water Hero**—someone who helps conserve water and teaches others about its importance.

Discuss: Why water is important? How do you feel when you see someone wasting water? How does the mascot help us understand the importance of water?

Explore what makes a Water Hero, such as turning off taps when not in use, fixing leaks, or spreading awareness about ways to save water.

NATIONAL WATER WEEK



Activity 3: My Water Hero

Encourage children to design their own Water Hero through collage art. Using the provided materials, the children can cut out shapes, glue them onto a background, and use crayons, paint, or markers to add details. Encourage them to think about how they want their hero to look: Is it a person, an animal, or something more abstract? How can their hero represent water conservation?

They can add symbols related to water—like a drop of water, a tap, or plants that grow with water—to help bring their hero to life.

Let them use recycled materials, such as bottle caps or fabric, to add texture and dimension to their creations. This could also serve as a great way to discuss recycling and reusing materials in the context of conservation.

Once everyone has completed their creations, have a short "show and tell" where each child shares their mascot with the group. Ask them to explain their mascot and any additional elements they added.

Activity 4: Water Hero Song

Sing this fun and educational song to the tune of "Row, Row, Row Your Boat."

Lyrics

Save, save, save the water, one drop at a time! Water Heroes save the day, water is so precious!

How can we save water? Use the half flush! (*do a flushing action/sound*)

Save, save, save the water, one drop at a time! Water Heroes save the day, water is so precious!

How can we save water? Turn the tap off while you brush your teeth! (*tap turning/teeth brushing action*)

Save, save, save the water, one drop at a time! Water Heroes save the day, water is so precious!

How can we save water? Look out for leaking taps! (*drip, drip, drip action/sound*)

Activity 5: Class Water Hero Colouring Page

Use the Water Hero characters that the children have made to create a Class Water-Hero Poster that features their individual Water Hero creations. Working together, encourage the children to stick their creations onto a large piece of poster or butchers' paper to make a super-sized whole class Water Hero poster to display! Or you could create a digital collection to share with your families.

Extension Idea

Print out and ask children to colour in our National Water Week Water Hero mascot (see page 4 of this resource). Create a class Water Hero Poster. After making individual Water Heroes, have students combine them on a large piece of paper to create a super-sized class poster. This could be displayed in the classroom or shared digitally with families to showcase their work.

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